



Beyond Abilities Centre

Helping Individuals with Disabilities

YOUR DONATIONS CAN HELP CHANGE A LIFE!

HORSEBACK RIDING

Horseback Riding is proven to improve balance and gait!

Our goal is to meet each rider's physical and psychological needs with the help of our equine friends.



MARTIAL ARTS

Martial Arts is proven to improve self-confidence!

This program is designed to help the individual student build the following skills:

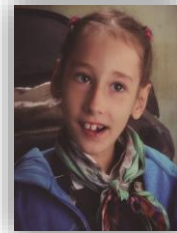
- Self Defence
- Respect
- Honour
- Discipline
- Self Esteem
- Confidence
- Eye-Hand-Foot Coordination
- Increase Concentration



SUIT THERAPY

Suit therapy is proven to improve mobility!

Suit Therapy is a revolutionary physiotherapy using a therapeutic suit originating from space medicine.



Help change their lives!

PLEASE DONATE NOW!

[Click Here to Donate](#)

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905-478-2888



Visit our website for upcoming events

www.BeyondAbilitiesCentre.ca