

Who We Are

Beyond Abilities Centre

OUR MISSION is to maximize functionality of all individuals regardless of age or ability.

OUR VISION is to provide opportunities for people of all ages and abilities, by bridging the gap between funding and services.

ABOUT US

Our beliefs, people with disabilities must be respected and given equal opportunity in every domain in life.

BAC provides a variety of therapeutic and recreational programs; social and leisure opportunities, resources on funding, respite referral, workshops and other special needs information.

OUR GOAL is to build an integrated, multifunctional centre for individuals of all ages with disabilities, primarily for those with a physical disability.

PROGRAMS & SERVICES

Attendant Care
Horseback Riding
Literary eHub
Martial Arts

Orthotics and Prosthetics
Suit Therapy
Visual Arts
Workshops

WE HELP YOU WITH

- Connecting to other families
- Advocacy
- Funding resources
- Provide information on home modifications for accessibility
- Unveil employment opportunities

GOLF TOURNAMENT

We at BAC have had 7 amazing Golf Tournaments. However, this year we have decided to have more frequent, smaller venues like; music nights, dances, and euchre tournaments.

Although, we do plan to have more Golf Tournaments in the future. We hope you will join us for our upcoming events. Please stay tuned by subscribing to our [Newsletter](#) or following us on social media.

Fundraiser

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FRIDAY JUNE 9, 2017

Euchre tournament

Come out and play euchre!

Your support will go to supplying physically disabled individuals with much needed support and services, programs from Horseback Riding, Martial Arts, Suit Therapy (*a program that improves mobility*), and furthering community awareness.

Where does the money raised go? **GREAT QUESTION!** BAC committee is comprised of 100% volunteers. Aside from operating costs, every dollar we raise goes straight to direct support.

Registration 7:00 p.m.

Start Time 7:30 p.m.

Newmarket, ON

Details given once registered

Competition Prizes

1st prize - 2nd prize

**Most Loners - Most Honest
Draw Prizes and Lots of FUN!**

\$25.00/person

Includes 1 drink

Snacks available

Click to register: [Euchre Tournament](#)

Help them change their lives!

MEMBERSHIP BENEFITS

As a [member](#) you will receive the BAC Newsletter, information on BAC upcoming events, workshops, fundraising events, BAC programs and services, entitlement to be on the BAC Advisory Committee and receive special offers as members only.

Visit our website for more information on becoming a member, fundraising events and [volunteer opportunities](#).

Our Partners

OrthoProActive Consultants
Revivo
Richmond Hill Budokan
The Literary Fairies
The Meadows
Touch A Heart
York Resource Family Network

Our Supporters

Absolute Interior
AG Graphics
Al Dorman Insurance
Beach Braces
BikeSports
Burnside

Classic Exteriors Ontario
Classic Fire Protection Inc.
F. Wallace Clancy & Son Limited
Finch Centre Jewellers
First Choice
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Kilted Carver
Maresco Limited
Northern Force Hydrovac Services
Ontario Trillium Foundation
Pampered Chef
Posh Esthetics
Riversports Recreation Inc.
Robert Grossi
Schell Ace Building
Sharon Dental Office
Shoppers Health Care
SNAP Photographer
Southlake Wealth & Estate Group
Studio Five
Supercuts
Tangles
The Beayni Group
The Corner Décor & More
Tim Horton's
Totera Fine Foods
Vince's Market
Virginia Hackson

Integrated Martial Arts for Physically Disabled Individuals

Offered on

Wednesdays - 6:00 to 7:00 P.M.

This program is designed to help the individual student build the following skills:

- Self Defense
- Respect
- Honour
- Discipline
- Self Esteem
- Confidence
- Eye-Hand-Foot Coordination
- Increase Concentration



All while having fun through the Martial Arts.

Safety is our first concern; therefore these classes will progress at a pace dependent on the ability and comfort of the individual. There will be an assessment lesson to determine if it is a good fit for the individual to take the classes.

REGISTER NOW FOR THE NEXT SESSION

Space is limited

To Register or for more information please call *Beyond Abilities Centre* at 905-478-2888 or BeyondAbilities@start.ca

Dojo Membership Fee: \$25.00 (plus HST) \$28.50 for one year
Fee: \$150.00 for 10 classes (HST included)

Location: 10 Newkirk Road, Unit 7, Richmond Hill, ON L4C 5S3

Board of Directors

Dr. Stanley Ngui-President
Doug Stephenson-Vice President
Doug Stephenson-Treasurer
Sandra Palmisano-Secretary
Doug Knispel-Director
Thomas Millar-Director
Gordon Burns-Director

Advisory Committee

Emily Tremblay
Krista Holdsworth
Leila Travaglini
Mariya Brown
Rosemary Walsh
Thomas Stephenson
Dulce Oliveira
Benny Chan

The Literary eHub



Beyond Abilities Centre (BAC) is excited to announce a new partnership with *The Literary Fairies*: an organization which enriches the world in many ways. *The Literary Fairies* provides a unique opportunity to those who have a dream of becoming a published author and who have a disability or have experienced adversity in their life. Through sponsorship and donations, *The Literary Fairies* grants this wish of publication to their aspiring authors. Their authors range from children to seniors and each have an uplifting story to share with the world, which becomes a part of a beautiful book.

As well, *The Literary Fairies* gives back to communities and engages humanity through stories.

BAC actively extends this opportunity to their clients to become a part of *The Literary Fairies* publications. Other stories from BAC clients will be featured in the BAC eChronicle, quarterly newsletter.

BAC is now compiling real life stories to educate all readers to better understand the plight of those who have battled and are currently persevering through various adversities and disabilities. The publication serves not only to inspire those in need but to all who read it. BAC is asking for those who are interested to write and send their stories of their experiences, victories, hurdles, or hardships. YOUR realities will be considered for publication. These stories could encourage, uplift, and inspire society.



If you would like to share your story please send it to our [Literary eHub](mailto:LiteraryeHub@BeyondAbilities@start.ca) at BeyondAbilities@start.ca

What's Happening



Volunteers

Make Your Mark in the Community.

BAC Helps Individuals With Disabilities!

Interested in any of the following?

- Committee Membership
- Event Assistants
- Fundraising
- Office Administration
- Tele-Marketing
- Plus More...

For information regarding [Volunteer](#) Positions or Community/Placement hours, please call our office.

Next Issue

July 2017 [Newsletter](#)

Don't miss out, make sure you are on our mailing list.

Contact Us

Beyond Abilities Centre

1111 Davis Drive

Unit 1, Suite 267

Newmarket, ON L3Y 9E5

Tel. 905-478-2888

Fax. 905-478-8887

BeyondAbilities@start.ca

www.BeyondAbilitiesCentre.ca

Editor: *Stephanie Riggs*

