

Beyond Abilities Centre

Helping Individuals with Disabilities

&

Revivo Neurology Treatment Centre

offer



Intensive Suit Therapy - Enhanced Physiotherapy method also known as **TheraSuit** or **Adeli Method** utilizing unique benefits of a specially designed therapeutic suit originating from space medicine.

This therapy has made a revolution in Europe within the last 2 decades in treating a scope of neuromuscular disorders including **Cerebral Palsy, Brain Injury, Post-Stroke (CVA)**, etc

The therapy is structured as 3 to 4-week sessions executed 5 days a week for 3-4 hours a day, by one or two experienced therapists (PT or OT) per patient. It's built around a special therapeutic suit conceptually originating from spacesuit used by astronauts on their long-stay missions to the orbit. The suit is a breathable dynamic soft proprioceptive orthosis which loads and aligns the body as close to normal as possible re-establishing correct postural alignment and weight bearing. Intensive Suit Therapy significantly accelerates progress and within short periods of time allows patients make sustainable gains which they may not be able to achieve with traditional therapy or would take many months or years to achieve.

Therapy sessions include:

- Initial warm-up employing massage and moderate warm-up exercises.
- Intensive exercising with the therapeutic suit on, positioned on a bed utilizing immobilizers and weight loads.
- Advanced exercising wearing the suit and utilizing suspension techniques in the so called spider cage, conducting assisted walk (suspended and non-suspended), push-ups, stand-ups, parallel bars, tricycle riding, and other modalities.

To optimize effect of the treatment in each individual case, our therapists adapt the Intensive Suit Therapy protocol to specific conditions and abilities of every child or adult patient.



Treatment times are available per the following blocks:

9:00 am to 12:00 pm

12:30 pm to 3:30 pm

4:00 pm to 7:00 pm

Cost: \$122 per hour

Location: 525 Markham Road, Suite 4
Toronto, ON M1H 3H7

Intensive Suit Therapy is great for patients 2 years of age and older. Treatment slots are limited, therefore reserving your session dates in advance is important. Suit Therapy may optionally be combined with on-site Hyperbaric Oxygen Therapy, and Speech Language Pathology.

For more information please call:

Beyond Abilities Centre at **905-478-2888**

www.BeyondAbilitiesCentre.ca